

November 2017					
Sun	Mon	Tue	Wed	Thu	Fri
All Off-ice classes are in the Peaks of Grassi Gym unless otherwise stated.			<b>1</b> 6:45am-7:30am JR/INT/SR Open 7:30am-8:00am SR Edges 3:45pm-4:30pm JR/INT/SR Open 4:30pm-5:15pm INT/SR Open 4:45pm-5:30pm JR/INT Jump	<b>2</b> 6:45am-8:00am JR/INT/SR Open 3:45pm-4:45pm PS/JR Open/Edges 4:45pm-5:30pm CanSkate 5:00pm-5:30pm PS/JR Jump (Cancelled) 5:30pm-5:45pm Flood 5:45pm-6:30pm Int/Sr Open **Skaters on last session - please patch the ice at end of the session.	<b>3</b>  No Skating
<b>5</b> <b>CHANGE – Sectional Weekend</b>  3:00pm-3:45pm JR/INT Pilates 4:00pm-5:00pm JR/INT Freeskate (Any of the starskaters normally on the Sr sessions that are not scheduled for this weekend may skate on the 4pm-5pm ice. You must pay the drop fee as the Sr sessions were not included in the schedule for the season).	<b>6</b> 3:45pm-4:45pm PS/JR Open/Edges 4:45pm-5:30pm CanSkate 5:00pm-5:30pm PS/JR Jump <b>CHANGE</b> 5:30pm-5:45pm Flood 5:45pm-6:30pm INT/SR Open 6:30pm-7:15pm INT/SR Open Jump replaces the cancelled jump class on Nov 02.	<b>7</b> 6:45am-7:30am JR/INT/SR Open 7:30am-8:00am INT/SR Edges 3:45pm-4:30pm JR/INT Open 3:45pm-5:00pm INT/SR Open	<b>8</b> 6:45am-7:30am JR/INT/SR Open 7:30am-8:00am SR Edges 3:45pm-4:30pm JR/INT/SR Open 4:30pm-5:15pm INT/SR Open 4:45pm-5:30pm JR/INT Jump	<b>9</b> 6:45am-8:00am JR/INT/SR Open 3:45pm-4:45pm PS/JR Open/Edges 4:45pm-5:30pm CanSkate 5:00pm-5:30pm PS/JR Jump 5:30pm-5:45pm Flood 5:45pm-6:30pm Int/Sr Open **Skaters on last session - please patch the ice at end of the session	<b>10</b>  No Skating
<b>12</b> 3:00pm-3:45pm JR/INT Pilates 3:45pm-4:45pm SR Pilates 4:00pm-5:00pm JR/INT Freeskate 5:00pm-6:00pm SR Open 6:00pm-6:15pm Flood 6:15pm-7:00pm SR Freeskate	<b>13</b> 3:45pm-4:45pm PS/JR Open/Edges 4:45pm-5:30pm CanSkate 5:30pm-5:45pm Flood 5:45pm-6:30pm INT/SR Open 6:30pm-7:15pm INT/SR Open	<b>14</b> 6:45am-7:30am JR/INT/SR Open 7:30am-8:00am INT/SR Edges 3:45pm-4:30pm JR/INT Open 3:45pm-5:00pm INT/SR Open	<b>15</b> 6:45am-7:30am JR/INT/SR Open 7:30am-8:00am SR Edges 3:45pm-4:30pm JR/INT/SR Open 4:30pm-5:15pm INT/SR Open 4:45pm-5:30pm JR/INT Jump	<b>16</b> 6:45am-8:00am JR/INT/SR Open 3:45pm-4:45pm PS/JR Open/Edges 4:45pm-5:30pm CanSkate 5:00pm-5:30pm PS/JR Jump 5:30pm-5:45pm Flood 5:45pm-6:30pm Int/Sr Open **Skaters on last session - please patch the ice at end of the session	<b>17</b>  No Skating
<b>19</b> 3:00pm-3:45pm JR/INT Pilates 3:45pm-4:45pm SR Pilates 4:00pm-5:00pm JR/INT Freeskate 5:00pm-6:00pm SR Open 6:00pm-6:15pm Flood 6:15pm-7:00pm SR Freeskate	<b>20</b> 3:45pm-4:45pm PS/JR Open/Edges 4:45pm-5:30pm CanSkate 5:30pm-5:45pm Flood 5:45pm-6:30pm INT/SR Open 6:30pm-7:15pm INT/SR Open	<b>21</b> 6:45am-7:30am JR/INT/SR Open 7:30am-8:00am INT/SR Edges 3:45pm-4:30pm JR/INT Open 3:45pm-5:00pm INT/SR Open	<b>22</b> 6:45am-7:30am JR/INT/SR Open 7:30am-8:00am SR Edges 3:45pm-4:30pm JR/INT/SR Open 4:30pm-5:15pm INT/SR Open 4:45pm-5:30pm JR/INT Jump	<b>23</b> 6:45am-8:00am JR/INT/SR Open 3:45pm-4:45pm PS/JR Open/Edges 4:45pm-5:30pm CanSkate 5:00pm-5:30pm PS/JR Jump 5:30pm-5:45pm Flood 5:45pm-6:30pm Int/Sr Open **Skaters on last session - please patch the ice at end of the session	<b>24</b>  No Skating
<b>26</b> 3:00pm-3:45pm JR/INT Pilates 3:45pm-4:45pm SR Pilates 4:00pm-5:00pm JR/INT Freeskate 5:00pm-6:00pm SR Open 6:00pm-6:15pm Flood 6:15pm-7:00pm SR Freeskate	<b>27</b> 3:45pm-4:45pm PS/JR Open/Edges 4:45pm-5:30pm CanSkate 5:30pm-5:45pm Flood 5:45pm-6:30pm INT/SR Open 6:30pm-7:15pm INT/SR Open	<b>28</b> 6:45am-7:30am JR/INT/SR Open 7:30am-8:00am INT/SR Edges 3:45pm-4:30pm JR/INT Open 3:45pm-5:00pm INT/SR Open	<b>29</b> 6:45am-7:30am JR/INT/SR Open 7:30am-8:00am SR Edges 3:45pm-4:30pm JR/INT/SR Open 4:30pm-5:15pm INT/SR Open 4:45pm-5:30pm JR/INT Jump	<b>30</b> 6:45am-8:00am JR/INT/SR Open 3:45pm-4:45pm PS/JR Open/Edges 4:45pm-5:30pm CanSkate 5:00pm-5:30pm PS/JR Jump 5:30pm-5:45pm Flood 5:45pm-6:30pm Int/Sr Open **Skaters on last session - please patch the ice at end of the session	

- **Open:** skaters can do freeskate, dance and skills
- **Freeskate:** skaters can only do freeskate
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PS = Pre-STAR	I or Int = Intermediate
J or Jr = Junior	S or Sr = Senior